

EARLY INTERVENTION DEVELOPMENTAL NORMS CHECKLIST

Below you will find a series of developmental milestones typical of the corresponding age. If any/all of the below boxes remain unchecked, it may be a clinical cause for concern. You may call us at (718)-767-0071 to get more information about scheduling an Early Intervention evaluation.

Milestones are differentiated according to language, occupational (fine motor skills), and physical (gross motor skills)

Does your child/Is your child...			
AGE	Language	OCCUPATIONAL	PHYSICAL
0-3 MONTHS	<input type="checkbox"/> Look at caregivers/others <input type="checkbox"/> Become quiet in response to sound <input type="checkbox"/> Produce different cries when tired, hungry, in pain	<input type="checkbox"/> Demonstrate a grasping reflex <input type="checkbox"/> Begin to keep hands in the open position <input type="checkbox"/> Use his/her eyes to follow an object	<input type="checkbox"/> Lift his/her head when on stomach <input type="checkbox"/> Show the ability to put weight on arms when on stomach <input type="checkbox"/> Move his/her head from side to side
3-6 MONTHS	<input type="checkbox"/> Fix gaze on faces <input type="checkbox"/> Respond to name by looking for voice <input type="checkbox"/> Coo, gurgle, laugh, or chuckle <input type="checkbox"/> Regularly localize sound source/speaker	<input type="checkbox"/> Reach upward towards a toy or object <input type="checkbox"/> Demonstrate a palmer grasp (using palm and fingers) <input type="checkbox"/> Bring hands to midline (inwards toward chest) <input type="checkbox"/> Pick up objects using thumb and two fingers	<input type="checkbox"/> Sit with minimal support given at waist <input type="checkbox"/> Try to roll over by turning him/herself from side to side
6-9 MONTHS	<input type="checkbox"/> Imitate vocalizations <input type="checkbox"/> Enjoy reciprocal social games (e.g. peek-a-boo) <input type="checkbox"/> Recognize familiar people <input type="checkbox"/> Reach to request an object <input type="checkbox"/> Produce reduplicated babbling (e.g. dadada, mama) <input type="checkbox"/> Imitate familiar sounds/actions	<input type="checkbox"/> Hold objects in his/her hand <input type="checkbox"/> Transfer objects from one hand to another <input type="checkbox"/> Hold an object in each hand at one time <input type="checkbox"/> Pick up small objects using thumb and index	<input type="checkbox"/> Roll from stomach to back <input type="checkbox"/> Sit by him/herself <input type="checkbox"/> Stand while holding onto furniture/objects
9-12 MONTHS	<input type="checkbox"/> Wave "bye" <input type="checkbox"/> Imitate new sounds/actions <input type="checkbox"/> Attract attention (e.g. coughing, vocalizing) <input type="checkbox"/> Indicate requests clearly (points to object of desire, shows object) <input type="checkbox"/> Show consistent patterns of reduplicated babbling <input type="checkbox"/> Make sounds with changes in tone	<input type="checkbox"/> Show ability to hold a wide crayon <input type="checkbox"/> Put objects into and take objects from a container <input type="checkbox"/> Use both hands separately and independently <input type="checkbox"/> Isolate his/her index finger in order to point <input type="checkbox"/> Attempt to stack blocks	<input type="checkbox"/> Able to crawl around/over objects to avoid them <input type="checkbox"/> Able to walk while holding onto furniture/objects <input type="checkbox"/> Walk with both hands being held by adult <input type="checkbox"/> Transition from sitting to laying <input type="checkbox"/> Pull with arms to stand up

12-18 MONTHS	<input type="checkbox"/> Produce single words <input type="checkbox"/> Request objects (points, vocalizes) <input type="checkbox"/> Protest "no" (shakes head, moves away) <input type="checkbox"/> Understand 'agency' (knows that adult can do things for him/her) <input type="checkbox"/> Use ritual words ("hi", "bye", "please") <input type="checkbox"/> Acknowledge people/things (eye contact, vocal response)	<input type="checkbox"/> Attempt to eat meals using a spoon <input type="checkbox"/> Able to build a tower using blocks <input type="checkbox"/> Attempt to draw lines on paper <input type="checkbox"/> Able to turn pages in a book <input type="checkbox"/> Assist in dressing by taking off easily manipulated clothing <input type="checkbox"/> Place objects into correlating sized holes	<input type="checkbox"/> Start to talk independently <input type="checkbox"/> Squat down in order to pick up an object <input type="checkbox"/> Seat his/herself in a low chair <input type="checkbox"/> Pull a toy behind his/herself while walking <input type="checkbox"/> Throw a ball/object using an underhand motion <input type="checkbox"/> Crawl up stairs
18-24 MONTHS	<input type="checkbox"/> Use mostly words to communicate <input type="checkbox"/> Begin to use two-word combinations <input type="checkbox"/> Have at least 50 words (may be approximations of adult words)	<input type="checkbox"/> Able to string larger beads <input type="checkbox"/> Able to fold a piece of paper in half <input type="checkbox"/> Able to confine writing to a single piece of paper <input type="checkbox"/> Able to imitate a circular line	<input type="checkbox"/> Walk up and down the stairs <input type="checkbox"/> Begin using ride-on toys <input type="checkbox"/> Throw a ball into box or hoop <input type="checkbox"/> Run relatively well <input type="checkbox"/> Jump with feet together
24-30 MONTHS	<input type="checkbox"/> Engage in short dialogues <input type="checkbox"/> Express emotions <input type="checkbox"/> Begin to use language in imaginative ways <input type="checkbox"/> Begin to provide descriptive details to facilitate listener's comprehension <input type="checkbox"/> Use attention getting devices (e.g. "Hey!") <input type="checkbox"/> Begin to use articles ("a", "the"), word endings ("ing", "ed")	<input type="checkbox"/> Able to hold and unscrew the top of a jar simultaneously <input type="checkbox"/> Able to use a fork to eat <input type="checkbox"/> Able to put on simple clothing (e.g. hats, T-shirts, loose pants) <input type="checkbox"/> Able to cut pieces of paper using blunt-tipped scissors	<input type="checkbox"/> Jump off a bottom step <input type="checkbox"/> Catch a large ball using straightened arms <input type="checkbox"/> Begin to ride a tricycle <input type="checkbox"/> Stand on a balance beam or narrow surface and attempt to step forward <input type="checkbox"/> Stand on tip-toes
30-36 Months	<input type="checkbox"/> Uses about 450-500 words <input type="checkbox"/> Refers to self as "me" or "I" rather than his/her name <input type="checkbox"/> Converses with other children, as well as adults <input type="checkbox"/> Uses short sentences to communicate information <input type="checkbox"/> Answers "where" questions	<input type="checkbox"/> Build a tower of ten blocks <input type="checkbox"/> String four medium sized beads <input type="checkbox"/> Lace three holes using string	<input type="checkbox"/> Stand on one foot for a short moment <input type="checkbox"/> Walk using tip-toes <input type="checkbox"/> Kick a ball forwards <input type="checkbox"/> Walk up stairs independently using alternating feet

NOTE: If you have noticed a regression in any of your child's skills/abilities, it is an immediate cause for concern. Please contact us today to schedule an evaluation